



Issue 11
OCTOBER 2020

Shutterbugs Photography

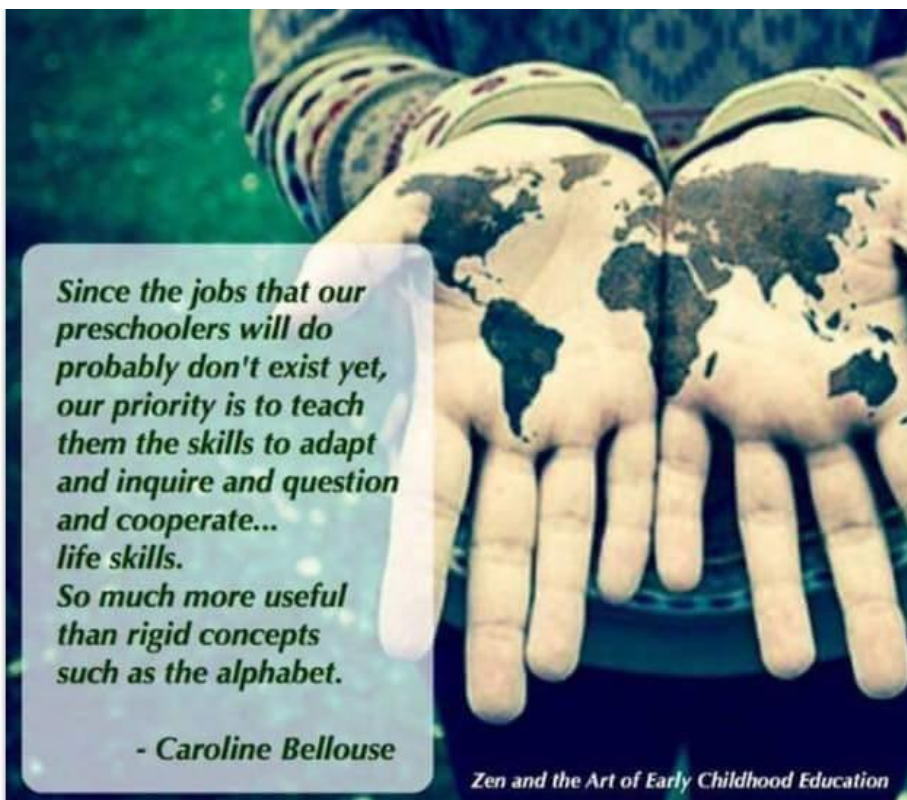


All proof sheets from Shutter Bugs photography have been sent home with families. Please read the important note attached to the front & return to Preschool by next Wednesday

Please note this is not compulsory

Notes for you

- Tuesday 3rd November
– NO PRESCHOOL
(Melbourne Cup Day
Public Holiday)
- Wednesday 4th
November –
Shutterbug proof
sheets due



Since the jobs that our preschoolers will do probably don't exist yet, our priority is to teach them the skills to adapt and inquire and question and cooperate... life skills. So much more useful than rigid concepts such as the alphabet.

- Caroline Bellouse

Zen and the Art of Early Childhood Education



**** Reminder we are closed
Melbourne Cup Day
(Public Holiday) Tuesday 3rd
November 2020**



**Preschool Letter of Offers with class days & times have
been emailed out.**

Please let us know if you have not received your mail.



**Now is the time of year we notice our children
growing & growing out of that uniform you have
purchased for them. Can I just give a friendly
reminder if you have been lucky enough to
purchase a t-shirt, jumper or dress uniform from
our second-hand store at Julie's office for a very
handy gold coin donation rate, can you please do
not give that uniform to someone else. Please
return it back to the office so it can then be
passed on for a gold coin once again.**

**This is how we keep the 2nd hand uniform shop
alive and continuing each year to support our
families.**





'Will I be a good dad?'
is a common concern amongst
new dads and dads-to-be.

The Focus on New Fathers program provides a free text message based service called SMS4dads.

Free tips, tools and links - directly to dad's phone

To help new dads and dads-to-be navigate the changes, before and after the birth of their baby, NSW Health and the University of Newcastle have partnered to deliver SMS4dads.

Once new dads and dads-to-be are registered, they'll receive practical tips, tools and helpful links directly to their phone.

You're eligible:

- if you are 18 years or older
- if your partner is at least 16 weeks (four months) pregnant; or
- from your baby's birth until they are 6 months old.

For more information

visit www.health.nsw.gov.au/focus-on-new-fathers

Just wanted to say thanks for this project. The text messages have been invaluable and I couldn't have known just how much I needed to receive these short and helpful messages.

**Registration
is free
and easy.**

www.health.nsw.gov.au/focus-on-new-fathers



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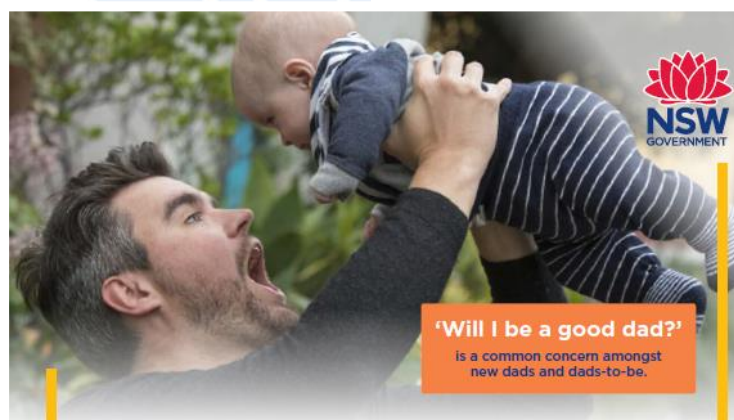
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Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group



Fruit



Vegetables



Dairy



Wholegrains



**Lean meat
& alternatives**



A Healthy Lunch Box



**MAKE WATER
YOUR DRINK**



**PACK ICE BRICKS
TO KEEP FOOD
COOL**



**USE A THERMOS
TO KEEP FOOD
WARM**



Health

